VOCABULARY PROGRESSION IN PSHE

At St Hilda's we believe the use of accurate subject vocabulary is essential for children's understanding and communication of subject-specific concepts. The aim of this document is to give an at-a-glance guide to the progression of vocabulary throughout the curriculum. It presents a detailed mapping of vocabulary progression, illustrating how language skills develop over time. Words are listed in order of where they appear in our scheme of learning and to save repetition of vocabulary, the words are documented where they are first introduced. The list is by far not exhaustive, but identifies important vocabulary that we believe is key for each unit.

	Autumn 1 **Me and My Relationships**	**Autumn 2** **Valuing Difference**	**Spring 1** **Keeping Safe**	**Spring 2** **Rights and Respect**	**Summer 1** **Being my Best**	**Summer 2** **Growing and Changing**
EYFS	family, friends, special, feelings	same, different, kindness, friendship	safe, unsafe, tell, worried	family, friends, responsibility, helpful	healthy, encourage, try again, positive	change, grow, old, young
Year 1	respect, rules, safe, unsafe	same, different, respect, include	safe, unsafe, good or bad touches, loss	behaviour, consequences, responsible first aid	healthy, hygiene, resilience, confidence	private, safe, unsafe, secrets
Year 2	friendship, feelings, bullying, help	respect, unique, listening, behaviour	safe, unsafe, medicines	saving, environment, special people, emergency	hygiene, choices, exercise, first aid	private, emotions, consent, safety, relationships
Year 3	opinions, compromise, safety, dare	community, discrimination upstander, bystander	danger, risk, strategies, consequence	fact, opinion, volunteer, income	health, organs, debate, continuum	positive, healthy, trust relationships
Year 4	conflict, negotiate, assertive, upstander	bystander, upstander, stereotype, acquaintance	privacy, hazardous, dare, critical thinking	rights, democracy, laws, responsibility	unique, mental health, first aid, recycling	support, emotions, uncomfortable feelings, relationships
Year 5	collaboration, self-esteem, abuse, assertive	diversity, multi-cultural, prejudice, critical thinking	risky, assess, peer pressure, assertive	misinformation disinformation, AI (Artificial Intelligence),	resilience, independence responsibility, life skill, body systems	wellbeing, confidential, hormones, puberty
Year 6	self-esteem, collaboration,	discrimination identity,	legal, illegal,	online safety,	goal setting,	privacy, body image,

	assertiveness, peer pressure	self-worth, gender stereotypes	algorithm, permission	environmentally sustainable, democracy, elections,	assessing risk, wellbeing, first aid	puberty, hormones