VOCABULARY PROGRESSION IN PE

At St Hilda's we believe the use of accurate subject vocabulary is essential for children's understanding and communication of subject-specific concepts. The aim of this document is to give an at-a-glance guide to the progression of vocabulary throughout the curriculum. It presents a detailed mapping of vocabulary progression, illustrating how language skills develop over time. Words are listed in order of where they appear in our scheme of learning and to save repetition of vocabulary, the words are documented where they are first introduced. The list is by far not exhaustive, but identifies important vocabulary that we believe is key for each unit.

Key Vocabulary
KS1 - Athletics

Warm up	Safely	Running
Coordination	Link (movements)	Jumping
Throwing	Techniques	Refine
Increase	Speed	Height
Distance	Terminology (simple)	Constructive/useful
Feedback	Sporting values	

Key Vocabulary
KS1 - Gymnastics

Balance	Counter balance	Twist
Turn	Spin	Symmetrical
Asymmetrical	Points	Patches
Levels	Floor	Apparatus
Link (movements)	Timing	Transitions
Combinations	Sequences	Formations (partner)
Adjacent	Front & back	Mirroring
Inversion	Routines	Flowing

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Key Vocabulary
KS1 - Gymnastics

Aesthetic (moves)	Stretch	Curl
Arch	Shapes	Wide
Narrow	Long	Rolls
Jumps	Landings	Partner (work)
Pathways	Straight	Zigzag
Curving	Dynamics	Start
Finish	Clearly	Creatively
Confidently	Safely	Communication

Key Vocabulary
KS1 - Gymnastics

Terminology (simple)	Evaluation	Constructive/useful
Feedback		

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Key Vocabulary
KS1 - Dance

Agility	Balance	Coordination
Patterns (simple)	Sequences (basic)	Movements
Actions	Link (skills)	Control
Travel	Speed	Collaborate
Communicate	Terminology (simple)	Constructive/useful
Feedback	Safety	

Key Vocabulary
KS1 - Invasion Games

Strategies	Deceptively	Close down (space)
Attack	Positively	Quickly
Width	Receive	Turn body
Speed	Shield	See attacker & ball
Send/pass	Retain	Think ahead
Move	Progress	Intercept (pass)
Space	Possession	Dispossess (receiver)
Decisively	Defence	Communication

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Key Vocabulary
KS1 - Invasion Games

Teamwork	Acceptance	Behaviour
Rules	Feelings	

Key Vocabulary
KS1 - Striking & Fielding

Batting	Walking in	Rules
Chasse	Communication	Acceptance
Pitch	Teamwork	Feelings
Strike	Bowling	Behaviour
On the move	Fielding	Backing up

Key Vocabulary
KS1 - OAA

Rules	Team Work	Skills
Maps	Competition	Symbols
Partner Work	Direction	Move/travel safely

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Key Vocabulary

KS1 - Net & Wall Games

'V' grip	Power	Passive
Forehand	Timing	Net
Backhand	Rallies	Court
Volley	Active	Movement
Accuracy		

Key Vocabulary

KS1 - Target Games

Throwing	Accuracy	Distance
Moving target	Power	Timing
Different heights	Speed	Consistency
Obstacles		