



CARLETON ST HILDA'S CHURCH OF ENGLAND PRIMARY SCHOOL

Open Hearts, Open Minds, Learning Together with God

No 29

ST HILDA'S NEWS

8th May 2026

Open hearts, open minds,
Learning together with God.



Our Christian Value

Friendship



"Therefore encourage one another and build one another up, just as you are doing."

1 Thessalonians 5:11

This prayer gives thanks for friendship and those who support us.
It was written by Ava and Mya and shared in worship.



Dear God

Thank you for all our friends and neighbours and for everything you do for us.

Thank you for our supportive teachers and families and those who care for us at home.

Thank you that they are always with us through the good and bad times,

Amen.



All Age Worship
11am on Sunday May 10th at
St Hilda's Church, Carleton
Everyone is welcome!

Can You Help ? - KS1 New Canopy

KS1 canopy is looking amazing and we are looking for some items which will supplement the environment. Have you got any spare outdoor cushions or beanbags that you can donate?



Congratulations !

On Monday, Arlo, Finley, Freddie, Seb and Franklyn took part in a football tournament with their u7 Jaguars team at Highbury. They showed amazing teamwork and determination against some very good teams to reach their semi-final progressing to the final, which they went on to win.



Carleton St Hilda's CE Primary School

1d · 🌐



The year 1 children loved having their parents/grandparents at our Forest School come learn with me session. They enjoyed showing them around the forest on their teddy bear hunt, playing hide and seek and having a hot chocolate and biscuit. They had a great time! 😊🌿🍵



Carleton St Hilda's CE Primary School

2d · 🌐



Amazing afternoon on Friday for the Y3/4 tournament. The whole team were amazing!! Some great individual performances and great team spirit! You represented our school brilliantly! Well done 🏆🏈



Affordable Refurbished Laptops - Ideal for Home & Study!

HP 255 G7 with 15.6" Display, AMD Ryzen 3 2200U, 8GB RAM, 240GB SSD

- Built-in Webcam
- Bluetooth Connectivity
- 3 x USB Ports
- Card Reader
- HDMI Port
- Windows 11 Installed



Fully reinstalled by our in-house IT team for optimal performance. Perfect for everyday use, homework, or light office tasks.

£100

If interested please make contact with the school office.
We now only have 1 or 2 of these left.

Parent View Questionnaire

All children will be coming home with a 'Parent View Questionnaire'. Please return the completed forms to our red post box located in the office porch area no later than Monday 18th May

Thank you

Attendance

The happiness and educational progress of all our children are our main priorities and we believe that good attendance is a major way in which these priorities can be achieved.

Our school target is 96%. For the week reported below we were able to achieve this with attendance at 97.4%.

Whilst we appreciate absences may be due to illness, or other reasons authorised by school, we ask for your support in this matter.

Each week on the newsletter we will be celebrating the class who has the highest attendance.

For the week ending 1st May, congratulations go to:

Year : **EYFS & 6 jointly**

Attendance : **Both with 100%!**

Most Improved class this week : **Year 6**

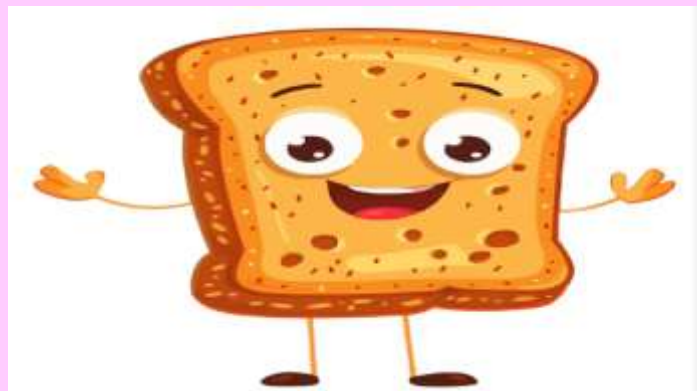
ATTENTION :

**Parents/guardians of all Year 6 pupils !
Year 6 are invited into school next week at the
earlier time of :**

8.30am

Monday to Thursday

For toast prior to the SATs



Stars of the Week

EYFS : Frederick

Year 1: Ruby

Year 2 : Sienna

Year 3 : Frankie

Year 4 : Katie

Year 5 : Joseph

Year 6 : Elsa



Well Done !

**School Dinner and
Extended School Fees for
APRIL & MAY should now be
paid in full.**

**Nb : With the exception of
those who pay for dinners on a
set day each week and are up to
date.**

**All ad hoc bookings for
extended school require
payment on the day of booking.**

Please find information/flyers attached
about various local activities and events
attached along with general information
which may be of interest.

Wishing you all a lovely weekend.

Jane Curl

Head teacher.

UPCOMING DATES :

Monday 11th May

Year 6 SATs

**2.30pm –EYFS Come Learn
With Me Forest School
(Parents/guardians of EYFS
children are invited)**

Tuesday 12th May

Year 6 SATs

Wednesday 13th May

Year 6 SATs

Thursday 14th May

Year 6 SATs

**A full list of
Summer Term dates is attached**

St. Hilda's Church Fleetwood Road. Carleton

ALL AGE WORSHIP!

SUNDAY 11 a.m.

May 10th.

June 14th.

July 12th.

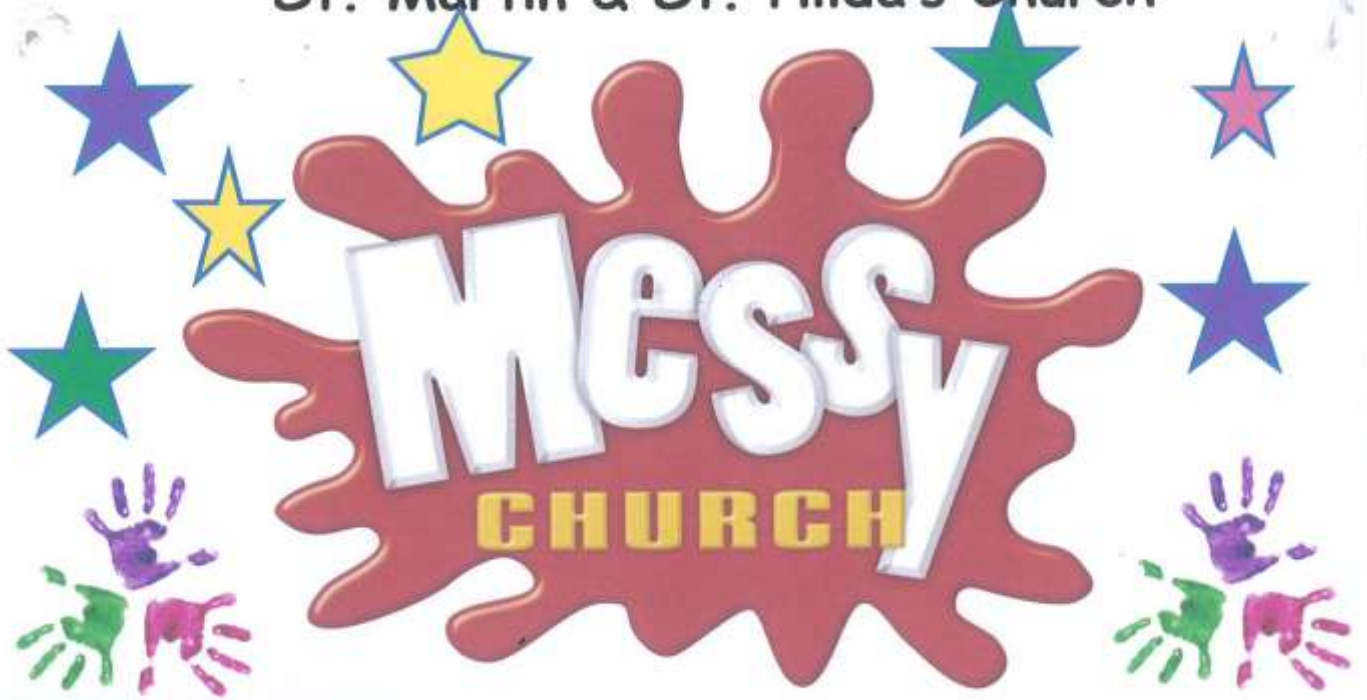


Diary dates Summer Term 2026

13 th April	14 th Accelerated Reader drop in between 4-6pm parent session for Year 2 parents 16 th Y5 Bowling Club (every Thursday throughout the summer term)
20 th April	20 th Mr Lord leading worship 20 th Y6 Fire Safety Talk 21 st Y1 Come Learn with me Forest School (half class) 22 nd EYFS to visit Church 24 th School Nurse Drop in 9.15am-11am
27 th April	27 th Y3 Ghyll scrambling 28 th PRAGs working with EYFS, Y2, Y3 and Y5 28 th Year 1 to visit Church 29 th Year 4 trip to Cuerden Valley 29 th Y1 phonics meeting for parents 3pm school hall 30 th Y4 Multiplication Check meeting for parents 3pm school hall 1 st Y3/4 Football Competition 1 st Tempest Class Photographs
4 th May	4 th Bank holiday – school closed 5 th Y1 Come Learn with me Forest School (half class)
11 th May	SATS week 11 th EYFS Come Learn Forest School with Me! (2.30pm)
18 th May	19 th Sports Day (morning only – parents and families) 20 th Bee Stinger Netball Competition 20 th Year 2 SATS meeting for parents 5pm 21 st Induction Evening for NEW EYFS 6pm 22 nd school nurse drop in session 9.15-11am
	Half term
1 st June	
8 th June	Phonics Check Week Year 1 9 th Quadkids Athletics Comp Y3/4 Multiplication Check Week Year 4
15 th June	16 th Neurokin Family drop in sessions for parents (support for neuro-diverse children) 17 th NEW EYFS induction afternoon 2-3pm 19 th Summer Fair
22 nd June	23 rd Sports Carousel (morning only – just school) 25 th EYFS Trip To Wild Discovery (Ribby Hall) 26 th NEW EYFS induction afternoon 2-3pm
29 th June	29 th Year 6 transition day run by Headssup 1 st Forest School Session for New Reception starters 2 nd Year 6 children visit their new high schools
6 th July	8 th Y5/Y6 performance 2pm 9 th Y5/Y6 performance 6pm 10 th Reports to go home
13 th July	13 th school nurse drop in session 9.15-11am 14 th School reports drop in session 15 th St Hilda's Has Talent! 15 th Y6 Activity Day (in school)

	<p>16th Non-uniform day (summer theme) 16th Prize Giving in School 16th Leavers Lunch for Y6 and their families 17th Leavers Service in school 9am 17th School closes for summer 2pm</p>
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St. Martin & St. Hilda's Church



Wednesday 3-45 - 5 p.m.

In the Church Hall

Feb. 25th.

March. 18th.

April. 22nd.



May. 20th.

June. 24th.



If you want this as a free PDF, like the post & comment "LOOP" and we will message it to you.



THE WORRY LOOP IN CHILDREN

www.SocialWorkersToolbox.com

WHAT IS HAPPENING

The brain is trying to protect your child. But the way it does this can trap them in a worry loop.

WHAT IS A WORRY LOOP?

A worry loop happens when a child gets stuck thinking about something bad that might happen.

The thought keeps going round and round, and each time it feels more real and more scary.



COMMON SIGNS IN CHILDREN

- Asking the same question again and again
- Avoiding school, sleep, or activities
- Saying "what if" often
- Needing constant reassurance
- Trouble sleeping
- Physical complaints like headaches

HOW IT USUALLY LOOKS



WHAT KEEPS THE LOOP GOING?

- Too much reassurance
- Avoiding the worry
- Trying to remove all uncertainty
- Adults "fixing" the problem straight away

These help in the moment but teach the brain the worry is dangerous, so it keeps coming back.

WHAT HELPS BREAK THE LOOP

- Name the worry**
"That sounds like a worry, not a fact."
- Stay calm and steady**
Children borrow your calm.
- Limit reassurance**
Answer once, then gently repeat:
"We have talked about this. What do you think?"
- Allow some uncertainty**
"We cannot be 100% sure, and that is okay."
- Encourage facing fears (step by step)**
Small, manageable steps build confidence.
- Focus on coping, not removing worry**
"You can handle this feeling."

HELPFUL PHRASES TO USE

- "That sounds like your worry talking."
- "What could you do if that happened?"
- "You have managed this before."
- "Let's be brave together."

WHAT YOUR CHILD NEEDS MOST

- Calm, not panic
- Support, not rescue
- Confidence, not certainty



REMEMBER

Worry is a normal part of growing up. Avoiding fears keeps worry strong. Facing fears, step by step, helps it shrink.



Children learn best when they face fears with support - not when fears are removed.

LANCASHIRE MUSIC SERVICE

JAZZ DAY



**SATURDAY 16TH MAY
10AM - 3:30PM**

**LANCASTER ROYAL GRAMMAR SCHOOL
EAST RD, LANCASTER, LA1 3EF**

SIGN UP!



#WHEREWILLMUSICTAKEYOU



Young musicians, 18 and under, are invited to come and join us for our **Jazz Day 2026!** The Day will consist of workshops, masterclasses and performances with an emphasis on creativity and improvisation, featuring Yamaha artist, Craig Wild.

Musicians should be able to play their instruments at a **Grade 1 level of proficiency or above.** If they are not sure they can ask their LMS music teacher if they think Jazz day would be appropriate for them.

- 16th May 2026, 10am – 3.30pm (arrivals from 9.45am)
- Lancaster Royal Grammar School, East Rd, Lancaster, LA1 3EF

Click here to sign up <https://UKLANCASHIRE.speedadmin.dk/registration?signupSchoolID=2092#/Course/918/0/7313/2092>



FAMILY TOGETHER CLUB

Every Wednesday | 5:00–6:30pm | Age: 8–25 Years
@Jims Bar – FY7 6TX | Open To Families

FREE SESSION | S.E.N.D & Inclusion

Open for families to get together, make new friends
and join in on weekly activities such as:

Boccia, Darts, Esports, Music, Films and More

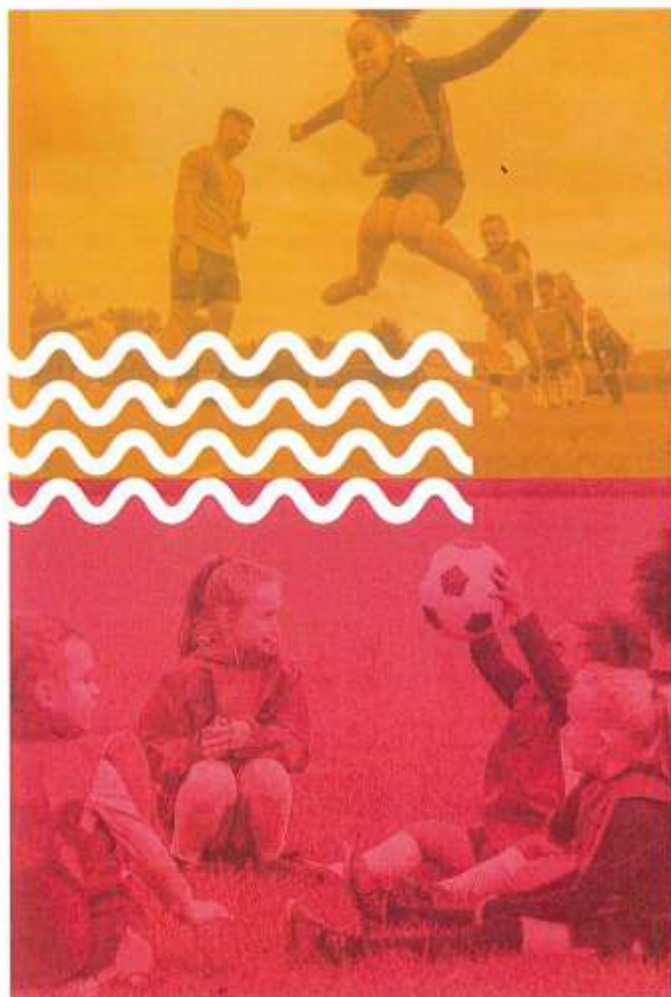
For any queries, please email:
community@fleetwoodtownfc.com



MULTI-SKILLS | VOLLEYBALL | BADMINTON | TABLE TENNIS | GAMES | FREE PLAY

SPORTS CAMP

ATHLETICS | BASKETBALL | FITNESS FOOTBALL | NETBALL | HANDBALL | HOCKEY



B&FC's action-packed, fun programme of sports, games and creative arts is the perfect way to keep the kids aged 5-14 entertained during the holidays.

Our amazing facilities mean we're able to offer a wide range of sporting activities as well as supervised games, competitions, arts and crafts.

There's something for every age group so little ones can keep up and the older ones don't get bored!

**EARLY
BIRD
OFFER**

**£16 PER DAY OR £70 FOR THE WEEK
WHEN YOU BOOK AND PAY BY DEADLINE!**

YOUR CHILD WILL NEED:

Weather-appropriate clothing (including sun cream), a packed lunch and plenty of drinks to get them through the day. All clothing should be suitable for sports activities.

SPORTS CAMP 2025-26 PRICES

- EB Early Bird rate (day) £16
- EB Early Bird rate (week, 5 days) £70

1 day £19
1 week (5 days) £85

DATES

October 2025: 27-31

EB deadline 17 October

February 2026: 16- 20

EB deadline 6 February

Easter 2026:

Week 1: 30 March - 2 April

Week 2: 7 - 10 April

EB deadline 20 March

May 2026: 26- 29*

EB deadline 15 May

*Please note we are closed Bank holidays

Book and pay by each of the specified deadline dates and get the reduced rate of £16 per day or £70 for the week (5 days where applicable).

Non early bird price is £19 for the day or £85 for the week.

In order to book a place a £5 deposit per child, per week will be required.

EARLY
BIRD
OFFER

BOOK
TODAY!

FOR FURTHER INFORMATION CONTACT US ON:

T 01253 504 184 E SPORTCENTRE@BLACKPOOL.AC.UK