



CARLETON ST HILDA'S CHURCH OF ENGLAND PRIMARY SCHOOL

Open Hearts, Open Minds, Learning Together with God

No 28

ST HILDA'S NEWS

1st May 2026

Open hearts, open minds,
Learning together with God



Learn as you love
with the Holy Spirit

Our Christian Value

Friendship



"Therefore encourage one another and build one another up, just as you are doing."

1 Thessalonians 5:11



Prags from Cultural Educ-Asian Ltd. is a regular visitor to our school, supporting children's learning about different faiths and cultures.

The children in Reception Class enjoyed learning about Holi, the Hindu festival of colour in springtime.

They also had the opportunity to dance outside as they celebrated the vibrant colours in our world.

WONDERFUL GIRLS FOOTBALL NEWS THIS WEEK !!!



Wyre and Fylde School Sports Partnership

19h · 🌐

...

Wyre Girls Central Venue league match day 3 took place tonight and all 4 games that took place were amazing. Special shout out to Stanah Primary School v [Carleton St Hilda's CE Primary School](#) !!! Wowzers a 2-2 draw but in all my years, I've never seen a better girls schools football game. It was played in such an amazing level of competitiveness which had everyone on the edge of their seat!(and heart attack at some points!). An amazing advert for school sport and girls football!!!

Love it! What an evening!!! 🤩🌟

[Your School Games](#)

[Youth Sport Trust](#)

[#Lionesses](#)





This weekend was a very exciting weekend for Mrs Curl and Miss Gee who were running the half and full marathon. Thank you to everyone who sponsored them and supported them during their training.



Mrs Curl raised £500 for PIP (Play Inclusion Project) and completed the Blackpool half marathon in an impressive time of 2 hours and 6 minutes! 🤩

Miss Gee raised £5,300 for The Children's Society and completed the London Marathon in 4 hours and 10 minutes! ⭐

We are very proud of them! X

Affordable Refurbished Laptops - Ideal for Home & Study!

HP 255 G7 with 15.6" Display, AMD Ryzen 3 2200U, 8GB RAM, 240GB SSD

- Built-in Webcam
- Bluetooth Connectivity
- 3 x USB Ports
- Card Reader
- HDMI Port
- Windows 11 Installed



Fully reinstalled by our in-house IT team for optimal performance. Perfect for everyday use, homework, or light office tasks.

£100

If interested please make contact with the school office.

Attendance

The happiness and educational progress of all our children are our main priorities and we believe that good attendance is a major way in which these priorities can be achieved.

Our school target is 96%. For the week reported below we were able to achieve this with attendance at 97.2%.

Whilst we appreciate absences may be due to illness, or other reasons authorised by school, we ask for your support in this matter.

Each week on the newsletter we will be celebrating the class who has the highest attendance.

For the week ending 24th April , congratulations go to:

Year : **Year 2**

Attendance : **99.7%**



Reminder :

**Carleton St Hilda's now has an official Facebook page !
(our X/Twitter account no longer exists)**

We will share lots of lovely snapshots of life at St Hilda's so please take a look, 'follow' and 'like' our page.

The newsletter will always be the source of diary dates, details for upcoming events etc so please also continue to refer to this school newsletter.

Thank you :)



Stars of the Week

EYFS : Oscar DJ
Year 1: Oscar To
Year 2 : Charlie R
Year 3 : All of Year 3
Year 4 : Jackson
Year 5 : Dylan
Year 6 : Elaina



Well Done !

**School Dinner and
Extended School Fees for
APRIL & MAY should now be
paid in full.**

**Nb : With the exception of
those who pay for dinners on a
set day each week and are up to
date.**

**All ad hoc bookings for
extended school require
payment on the day of booking.**

Please find information/flyers attached about various local activities and events attached along with general information which may be of interest.

Wishing you all a lovely weekend.

Jane Curl

Head teacher.

UPCOMING DATES :

Monday 4th May

**BANK HOLIDAY
SCHOOL IS CLOSED**

Tuesday 5th May

**2.30pm—Year 1 Come Learn
with Me Forest School session
for half of the class as arranged.**

**After school—Girls football
match against Sacred Heart**

Wednesday 6th May

**Year 1 'By the Seaside'
afternoon**

**A full list of
Summer Term dates is attached**

Diary dates Summer Term 2026

13 th April	14 th Accelerated Reader drop in between 4-6pm parent session for Year 2 parents 16 th Y5 Bowling Club (every Thursday throughout the summer term)
20 th April	20 th Mr Lord leading worship 20 th Y6 Fire Safety Talk 21 st Y1 Come Learn with me Forest School (half class) 22 nd EYFS to visit Church 24 th School Nurse Drop in 9.15am-11am
27 th April	27 th Y3 Ghyll scrambling 28 th PRAGs working with EYFS, Y2, Y3 and Y5 28 th Year 1 to visit Church 29 th Year 4 trip to Cuerden Valley 29 th Y1 phonics meeting for parents 3pm school hall 30 th Y4 Multiplication Check meeting for parents 3pm school hall 1 st Y3/4 Football Competition 1 st Tempest Class Photographs
4 th May	4 th Bank holiday – school closed 5 th Y1 Come Learn with me Forest School (half class)
11 th May	SATS week 11 th EYFS Come Learn Forest School with Me! (2.30pm)
18 th May	19 th Sports Day (morning only – parents and families) 20 th Bee Stinger Netball Competition 20 th Year 2 SATS meeting for parents 5pm 21 st Induction Evening for NEW EYFS 6pm 22 nd school nurse drop in session 9.15-11am
	Half term
1 st June	
8 th June	Phonics Check Week Year 1 9 th Quadkids Athletics Comp Y3/4 Multiplication Check Week Year 4
15 th June	16 th Neurokin Family drop in sessions for parents (support for neuro-diverse children) 17 th NEW EYFS induction afternoon 2-3pm 19 th Summer Fair
22 nd June	23 rd Sports Carousel (morning only – just school) 25 th EYFS Trip To Wild Discovery (Ribby Hall) 26 th NEW EYFS induction afternoon 2-3pm
29 th June	29 th Year 6 transition day run by Headssup 1 st Forest School Session for New Reception starters 2 nd Year 6 children visit their new high schools
6 th July	8 th Y5/Y6 performance 2pm 9 th Y5/Y6 performance 6pm 10 th Reports to go home
13 th July	13 th school nurse drop in session 9.15-11am 14 th School reports drop in session 15 th St Hilda's Has Talent! 15 th Y6 Activity Day (in school)

	<p>16th Non-uniform day (summer theme) 16th Prize Giving in School 16th Leavers Lunch for Y6 and their families 17th Leavers Service in school 9am 17th School closes for summer 2pm</p>
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St. Martin & St. Hilda's Church



Wednesday 3-45 - 5 p.m.

In the Church Hall

Feb. 25th.

March. 18th.

April. 22nd.



May. 20th.

June. 24th.





Parents supporting parents

Home-Start's volunteers work alongside families to give compassionate and confidential support, tailored to each family.

Our volunteers are trained and given expert support from the local Home-Start in their community.

To find out more about volunteering for Home-Start visit www.homestartbfw.org.uk

We help families from all backgrounds through their most challenging times

To find out more about Home-Start visit www.homestartbfw.org.uk or 01253 728615



**HOME
START**

**Blackpool, Fylde &
Wyre**

Charity no. 1124945

Business First Business Centre, Lancaster House, Amy Johnson Way, Blackpool, FY4 2PP

Scan to Donate



Because childhood can't wait

The earliest years make the biggest impact: Home-Start make sure those years count so that no child's future is limited.

**HOME
START**
Blackpool, Fylde &
Wyre



Working alongside families

Being a parent has never been easy. It can be lonely, frustrating, heartbreaking and overwhelming.

Life-changing events can happen to anyone. All parents struggle at one time or another. That is why Home-Start is ready to support families through their toughest times.

Home-Start volunteers support families with individual one-to-one home-visiting and a wide range of targeted support for parents and their children.

Home-Starts work with families experiencing challenges including:

- Mental and physical issues
- Postnatal depression Bereavement
- Financial worries
- Isolation
- Child's behaviour



Just two hours a week can make a big difference to a parent and their children.

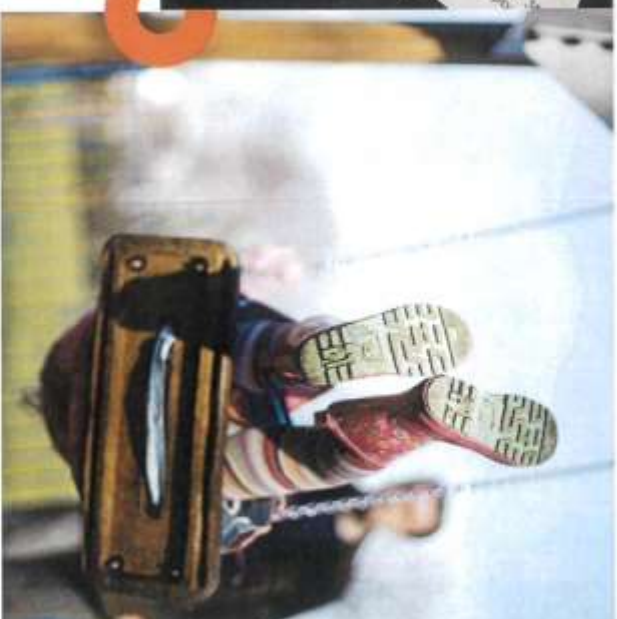
We work with families to build on their strengths and give them the support they tell us they need.

Local services

We work with families in a range of ways, and use the approach they think will give them the best support. This includes:

- Home-visiting support
- Family groups
- Running trips and outings

All our services are based around the principal that volunteers offer no judgement, just compassionate, confidential help and support.



"With the support of a Home-Start volunteer, I learned how to interact and play with my son, put boundaries in place, and create a safe and secure home. After Home-Start helped to change my life, I decided I wanted to become a volunteer for the charity".

— Louise

Contact us today to find out more about how Home-Start works with families

enquiries@homestartbfw.org.uk
01253 728615

If you want this as a free PDF, like the post & comment "LOOP" and we will message it to you.



THE WORRY LOOP IN CHILDREN

www.SocialWorkersToolbox.com

WHAT IS HAPPENING

The brain is trying to protect your child. But the way it does this can trap them in a worry loop.

WHAT IS A WORRY LOOP?

A worry loop happens when a child gets stuck thinking about something bad that might happen.

The thought keeps going round and round, and each time it feels more real and more scary.



COMMON SIGNS IN CHILDREN

- Asking the same question again and again
- Avoiding school, sleep, or activities
- Saying "what if" often
- Needing constant reassurance
- Trouble sleeping
- Physical complaints like headaches

HOW IT USUALLY LOOKS



WHAT KEEPS THE LOOP GOING?

- Too much reassurance
- Avoiding the worry
- Trying to remove all uncertainty
- Adults "fixing" the problem straight away

These help in the moment but teach the brain the worry is dangerous, so it keeps coming back.

WHAT HELPS BREAK THE LOOP

- Name the worry
"That sounds like a worry, not a fact."
- Stay calm and steady
Children borrow your calm.
- Limit reassurance
Answer once, then gently repeat:
"We have talked about this. What do you think?"
- Allow some uncertainty
"We cannot be 100% sure, and that is okay."
- Encourage facing fears (step by step)
Small, manageable steps build confidence.
- Focus on coping, not removing worry
"You can handle this feeling."

HELPFUL PHRASES TO USE

- "That sounds like your worry talking."
- "What could you do if that happened?"
- "You have managed this before."
- "Let's be brave together."

WHAT YOUR CHILD NEEDS MOST

- Calm, not panic
- Support, not rescue
- Confidence, not certainty



REMEMBER

Worry is a normal part of growing up. Avoiding fears keeps worry strong. Facing fears, step by step, helps it shrink.



Children learn best when they face fears with support - not when fears are removed.

LANCASHIRE MUSIC SERVICE

JAZZ DAY



**SATURDAY 16TH MAY
10AM - 3:30PM**

**LANCASTER ROYAL GRAMMAR SCHOOL
EAST RD, LANCASTER, LA1 3EF**

SIGN UP!



#WHEREWILLMUSICTAKEYOU



Young musicians, 18 and under, are invited to come and join us for our **Jazz Day 2026!** The Day will consist of workshops, masterclasses and performances with an emphasis on creativity and improvisation, featuring Yamaha artist, Craig Wild.

Musicians should be able to play their instruments at a **Grade 1 level of proficiency or above.** If they are not sure they can ask their LMS music teacher if they think Jazz day would be appropriate for them.

- 16th May 2026, 10am – 3.30pm (arrivals from 9.45am)
- Lancaster Royal Grammar School, East Rd, Lancaster, LA1 3EF

Click here to sign up <https://UKLANCASHIRE.speedadmin.dk/registration?signupSchoolID=2092#/Course/918/0/7313/2092>



FAMILY TOGETHER CLUB

Every Wednesday | 5:00–6:30pm | Age: 8–25 Years
@Jims Bar – FY7 6TX | Open To Families

FREE SESSION | S.E.N.D & Inclusion

Open for families to get together, make new friends
and join in on weekly activities such as:

Boccia, Darts, Esports, Music, Films and More

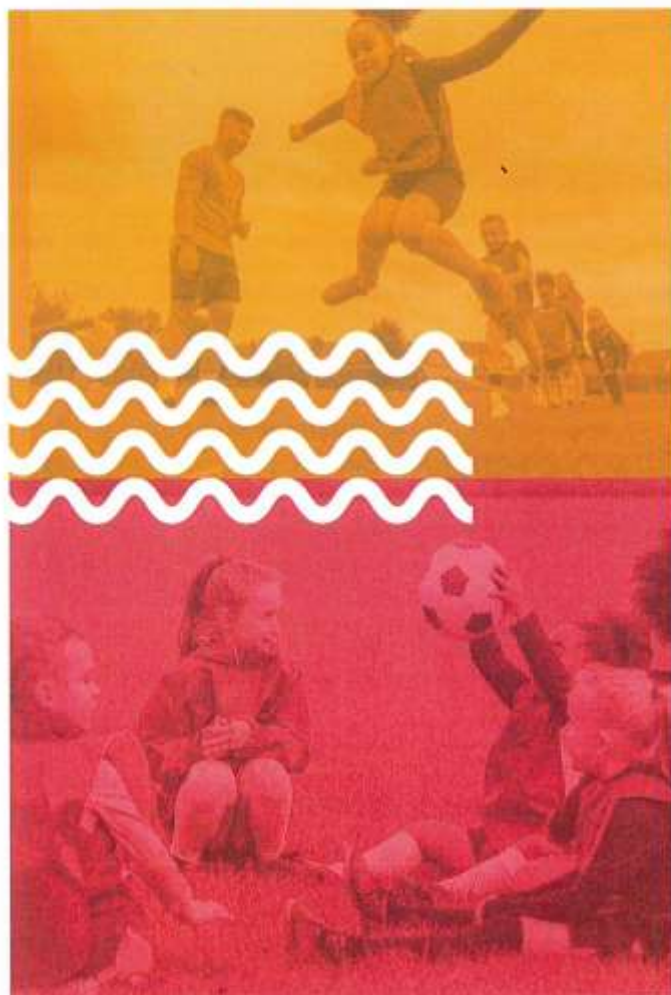
For any queries, please email:
community@fleetwoodtownfc.com



MULTI-SKILLS | VOLLEYBALL | BADMINTON | TABLE TENNIS | GAMES | FREE PLAY

SPORTS CAMP

ATHLETICS | BASKETBALL | FITNESS FOOTBALL | NETBALL | HANDBALL | HOCKEY



B&FC's action-packed, fun programme of sports, games and creative arts is the perfect way to keep the kids aged 5-14 entertained during the holidays.

Our amazing facilities mean we're able to offer a wide range of sporting activities as well as supervised games, competitions, arts and crafts.

There's something for every age group so little ones can keep up and the older ones don't get bored!

**EARLY
BIRD
OFFER**

**£16 PER DAY OR £70 FOR THE WEEK
WHEN YOU BOOK AND PAY BY DEADLINE!**

YOUR CHILD WILL NEED:

Weather-appropriate clothing (including sun cream), a packed lunch and plenty of drinks to get them through the day. All clothing should be suitable for sports activities.

SPORTS CAMP 2025-26 PRICES

- EB Early Bird rate (day) £16
- EB Early Bird rate (week, 5 days) £70

1 day £19
1 week (5 days) £85

DATES

October 2025: 27-31

EB deadline 17 October

February 2026: 16- 20

EB deadline 6 February

Easter 2026:

Week 1: 30 March - 2 April

Week 2: 7 - 10 April

EB deadline 20 March

May 2026: 26- 29*

EB deadline 15 May

*Please note we are closed Bank holidays

Book and pay by each of the specified deadline dates and get the reduced rate of £16 per day or £70 for the week (5 days where applicable).

Non early bird price is £19 for the day or £85 for the week.

In order to book a place a £5 deposit per child, per week will be required.

EARLY
BIRD
OFFER

BOOK
TODAY!

FOR FURTHER INFORMATION CONTACT US ON:

T 01253 504 184 E SPORTCENTRE@BLACKPOOL.AC.UK